

University of Pretoria Yearbook 2017

Exercise physiology 701 (MBK 701)

Qualification Postgraduate

Faculty [Faculty of Humanities](#)

Module credits 27.00

Prerequisites No prerequisites.

Contact time 1 lecture per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Sport and Leisure Studies

Period of presentation Year

Module content

The module examines exercise physiology from a biokinetics perspective and includes the normal and pathophysiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue. (1 hour contact time per week with work assignments for the following week.)

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